



Chi

THE SPA AT SHANGRI-LA

*Indulge the senses, soothe the
soul, and revitalise the spirit.*



| | <i>Duration</i> | <i>Mon-Fri</i> | <i>Weekend - PH</i> |
|--|-----------------|----------------|---------------------|
|--|-----------------|----------------|---------------------|

CHI SIGNATURE TREATMENTS

| | | | |
|--|------------|-------|-------|
| Chakra Balancing Treatment | 90 minutes | \$240 | \$270 |
| Crystalus Body Massage | 90 minutes | \$240 | \$270 |
| Arabian Oud Oil Renewal | 90 minutes | \$240 | \$270 |
| <i>45 min Massage + 45 min Facial + Scalp Massage</i> | | | |
| Natural Face Lift Treatment | 90 minutes | \$250 | \$280 |
| Detoxifying Body Toner | 90 minutes | \$250 | \$280 |
| <i>30 min Body Scrub + 30 min Body Wrap + 30 min Scalp Massage + Body Moisturising</i> | | | |

WELLNESS MASSAGE

| | | | |
|-------------------------------|------------|-------|-------|
| Tension Relieving Neck & Back | 30 minutes | \$95 | \$115 |
| | 45 minutes | \$125 | \$140 |
| Soothing Foot Massage | 30 minutes | \$95 | \$115 |
| | 45 minutes | \$125 | \$140 |
| Aroma Journey Massage | 60 minutes | \$175 | \$195 |
| | 90 minutes | \$235 | \$265 |
| Customised Massage | 60 minutes | \$175 | \$195 |
| | 90 minutes | \$235 | \$265 |
| Deep Repair Massage | 60 minutes | \$185 | \$205 |
| | 90 minutes | \$235 | \$265 |
| Pregnancy Massage | 60 minutes | \$185 | \$205 |
| Hot Stone Massage | 90 minutes | \$240 | \$270 |

BODY SCRUB

| | | | |
|----------------------------------|------------|-------|-------|
| Body Balance Salt Glow | 45 minutes | \$180 | \$200 |
| Australian Wattleseed Body Scrub | 45 minutes | \$180 | \$200 |

TREATMENT ENHANCEMENT

| | | | |
|--|------------|------|--|
| Deep Conditioning Hair & Scalp Treatment | 15 minutes | \$40 | |
| Age-defying Hand or Foot Treatments | 15 minutes | \$40 | |

| | <i>Duration</i> | <i>Mon-Fri</i> | <i>Weekend - PH</i> |
|------------------------------------|-----------------|----------------|---------------------|
| FACIAL | | | |
| Stop and Relaxing Facial | 30 minutes | \$105 | \$115 |
| Pure Radiance Facial | 60 minutes | \$185 | \$205 |
| Active Man's Facial | 60 minutes | \$185 | \$205 |
| Deep Cleansing Facial | 60 minutes | \$185 | \$205 |
| Anti-Aging Mineral Boosting Facial | 90 minutes | \$250 | \$280 |

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|---|-------------|------------|------------|
| COUPLE TREATMENT | | per couple | per couple |
| Massage for Two | 60 minutes | \$350 | \$390 |
| | 90 minutes | \$470 | \$530 |
| Couples Retreat | 90 minutes | \$500 | \$560 |
| <i>60 min Customised Massage + 30 min Facial</i> | | | |
| Couple Journey Escape | 120 minutes | \$580 | \$640 |
| <i>30 min Body Scrub + 60 min Customised Massage + 30 min Facial</i> | | | |
| Traditional Spa & High Tea Experience for Two | 60 minutes | \$470 | \$530 |
| <i>60 min Massage or 60 min Facial of your choice + High Tea + A Glass of Perrier Jouet</i> | | | |
| <i>(High Tea: 11.30am, 1.45pm & 4.00pm daily)</i> | | | |

| | | | |
|---|---------|------------|------------|
| WELLNESS RETREAT | | per person | per person |
| Face & Body Revive Package | 2 Hours | \$290 | \$320 |
| <i>60 min Customised Massage + 60 min Customised Facial</i> | | | |
| Full Body Detox Cleanse | 2 Hours | \$300 | \$330 |
| <i>30 min Jojoba Beads Scrub + 30 min Marine Body Wrap + 60 min Toxic Cleansing Massage</i> | | | |
| Journey Downunder | 3 Hours | \$480 | \$510 |
| <i>30 min Wattleseed Scrub + 30 min Pink Clay Wrap + 60 min Aroma Massage + 60 min Pure Radiance Facial</i> | | | |

| | | | |
|---|------------|------------|------------|
| GROUP BOOKING | | per person | per person |
| Bridal Shower Package min 4 people | 60 minutes | \$195 | \$225 |
| <i>30 min Body Scrub + 30 min Massage + High Tea</i> | | | |
| <i>(High Tea: 11.30am, 1.45pm & 4.00pm daily)</i> | | | |

CHJ. The Spa draws inspiration from ancient Asian healing and wellness philosophies, a tranquil place of personal peace, enchantment and wellbeing.



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Make a date with your wellbeing.

SHANGRI-LA HOTEL, SYDNEY

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